

August 2023

sun	mon	tue	wed	thu	fri	sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	m Fun Run 15	16	17	18	19
20	21	m Fun Run 22	23	24	25	26
27	28	29	m MS Cross Country Practice 30	m MS Cross Country Practice 31		

September 2023

sun	mon	tue	wed	thu	fri	sat
					1 m MS Cross Country Practice	2
3	4	5	6	7	8 m MS Cross Country Practice	9
10	m MS Cross Country Practice 11	m MS Cross Country @ Otter Valley 12	m MS Cross Country Practice 13	14	m MS Cross Country Practice 15	16
17	m MS Cross Country Practice 18	m MS Cross Country @ Mt. Abe 19	m MS Cross Country Practice 20	21	m MS Cross Country Practice 22	23
24	m MS Cross Country Practice 25	m MS Cross Country Practice 26	m MS Cross Country @ Montpelier m HS Cross Country @ Montpelier 27	28	m MS Cross Country Practice 29	30

October 2023

sun	mon	tue	wed	thu	fri	sat
1 m MS Cross Country Practice	2 m MS Cross Country Practice	3 m MS Cross Country Practice	4 m MS Cross Country Practice	5 m MS Cross Country Practice	6	7
8	9	m MS Cross Country Practice 10	m MS Cross Country @ St. Johnsbury 11	12	m MS Cross Country Practice 13	m MS Cross Country - Harwood Invitational 14
15	m MS Cross Country Practice 16	17	18	19	m MS Cross Country Practice 20	m MS Cross Country @ NVAC Mountain Division Championships 21
22	23	24	25	26	27	28
m MS XC Championships @ Thetford 29	30	31				