Date	Start	Event Name	Location	Group	Depart	Event Type
Tue 08/15/2023	6:00 pm	Fun Run	Harwood Union High School	MS Cross Country		Practice
				HS Cross Country		
				Community		
Tue 08/22/2023	6:00 pm	Fun Run	Harwood Union High School	Community		Practice
				HS Cross Country		
				MS Cross Country		
Wed 08/30/2023	3:45 pm	MS Cross Country Practice	Harwood Union High School	MS Cross Country		Practice
Thu 08/31/2023	3:45 pm	MS Cross Country Practice	Harwood Union High School	MS Cross Country		Practice
Fri 09/01/2023	3:45 pm	MS Cross Country Practice	Harwood Union High School	MS Cross Country		Practice
Fri 09/08/2023	3:45 pm	MS Cross Country Practice	Harwood Union High School	MS Cross Country		Practice
Mon 09/11/2023	3:45 pm	MS Cross Country Practice	Harwood Union High School	MS Cross Country		Practice
Tue 09/12/2023	4:15 pm	MS Cross Country @ Otter Valley	Otter Valley Union High School	MS Cross Country		Away Meet
Wed 09/13/2023	3:45 pm	MS Cross Country Practice	Harwood Union High School	MS Cross Country		Practice
Fri 09/15/2023	3:45 pm	MS Cross Country Practice	Harwood Union High School	MS Cross Country		Practice
Mon 09/18/2023	3:45 pm	MS Cross Country Practice	Harwood Union High School	MS Cross Country		Practice
Tue 09/19/2023	4:00 pm	MS Cross Country @ Mt. Abe	Mt. Abraham Union Middle & High	MS Cross Country		Away Meet
			School			
Wed 09/20/2023	3:45 pm	MS Cross Country Practice	Harwood Union High School	MS Cross Country		Practice
Fri 09/22/2023	3:45 pm	MS Cross Country Practice	Harwood Union High School	MS Cross Country		Practice
Mon 09/25/2023	3:45 pm	MS Cross Country Practice	Harwood Union High School	MS Cross Country		Practice
Tue 09/26/2023	3:45 pm	MS Cross Country Practice	Harwood Union High School	MS Cross Country		Practice
Wed 09/27/2023	4:00 pm	MS Cross Country @ Montpelier	Montpelier High School	MS Cross Country		Away Meet
Wed 09/27/2023	4:30 pm	HS Cross Country @ Montpelier	Montpelier High School	MS Cross Country		Away Meet
Fri 09/29/2023	3:45 pm	MS Cross Country Practice	Harwood Union High School	MS Cross Country		Practice
Mon 10/02/2023	3:45 pm	MS Cross Country Practice	Harwood Union High School	MS Cross Country		Practice
Tue 10/03/2023	3:45 pm	MS Cross Country Practice	Harwood Union High School	MS Cross Country		Practice
Wed 10/04/2023	3:45 pm	MS Cross Country Practice	Harwood Union High School	MS Cross Country		Practice
Thu 10/05/2023	3:45 pm	MS Cross Country Practice	Harwood Union High School	MS Cross Country		Practice
Tue 10/10/2023	3:45 pm	MS Cross Country Practice	Harwood Union High School	MS Cross Country		Practice
Wed 10/11/2023	4:00 pm	MS Cross Country @ St.	ST. JOHNSBURY ACADEMY	MS Cross Country		Away Meet
		Johnsbury				
Fri 10/13/2023	3:45 pm	MS Cross Country Practice	Harwood Union High School	MS Cross Country		Practice
Sat 10/14/2023	10:00 am	MS Cross Country - Harwood	Harwood Union Middle and High	MS Cross Country		Home Meet
		Invitational	School			
Mon 10/16/2023	3:45 pm	MS Cross Country Practice	Harwood Union High School	MS Cross Country		Practice
Fri 10/20/2023	3:45 pm	MS Cross Country Practice	Harwood Union High School	MS Cross Country		Practice
Sat 10/21/2023	10:00 am	MS Cross Country @ NVAC	U-32	MS Cross Country		Away Meet
		Mountain Division Championships				

Page 2

Date	Start	Event Name	Location	Group	Depart	Event Type
Sun 10/29/2023	12:00 pm	MS XC Championships @	Thetford Academy	MS Cross Country		Away Meet
		Thetford				